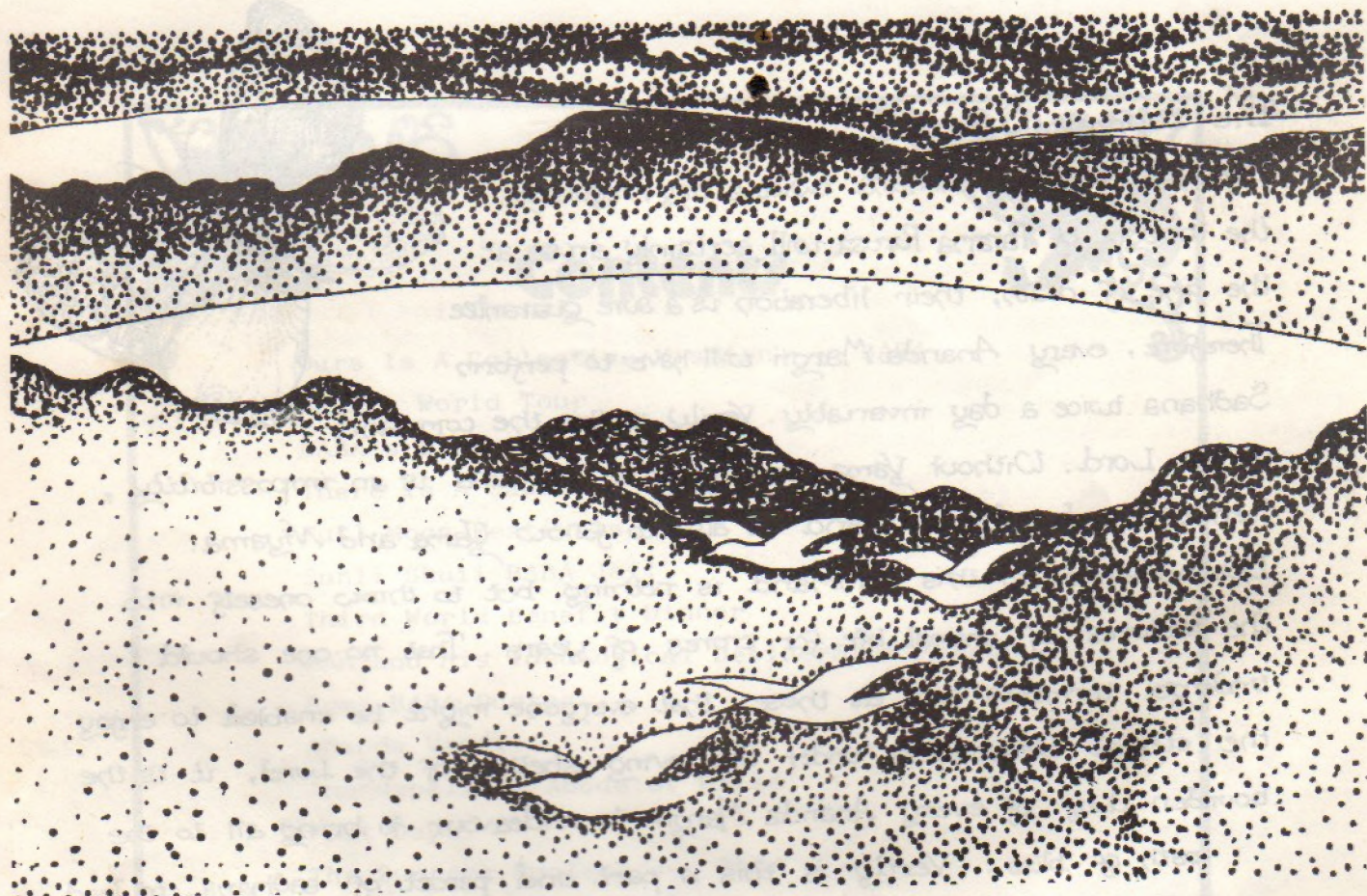


# *Pranam*

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**ANANDA MARGA SUVA SECTORIAL NEWSLETTER**

**NOVEMBER 79 - JANUARY 80 DECEMBER 1979**

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Registered for postage as a publication  
Category A



### The Supreme Command.

Those who perform sadhana twice a day, regularly, the thought of Parama Purusa will certainly arise at the time of death, their liberation is a sure guarantee.

Therefore, every Ananda Mangii will have to perform Sadhana twice a day invariably. Verily is this the command of the Lord. Without Yama and Niyama, sadhana is an impossibility, hence the Lord's command is also to follow Yama and Niyama.

Disobedience to this command is nothing but to throw oneself into the tortures of animal life for crores of years. That no-one should undergo torments such as these, that everyone might be enabled to enjoy the eternal blessedness under the loving shelter of the Lord, it is the bounden duty of every Ananda Mangii to endeavour to bring all to the path of bliss. Verily is this a part and parcel of sadhana, to lead others along the path of righteousness.

..... Shrii Shrii Anandamurtijii.



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# Pranam

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# Ours Is A Collective Mission

SHRII SHRII ANANDAMURTI

General Darshan, Calcutta 2-10-79

You know there is a time honoured theory of cause and effect. It is a recognised standard of veracity that wherever there is an effect there must be a cause.

It was propounded by Maharishi Kananda, he first said that wherever there is an effect there must be a cause; we may or may not know the cause but the cause is there.

At the same time you should also remember that wherever there is an effect there must be the cause, but wherever there is a cause there may or may not be the effect. You see wherever you find a new sprout the cause is the seed, but wherever there is a seed there may or may not be sprout. That seed may lack in the qualification of creating sprout or the seed has got the power to create the sprout but it did not.

From a bad seed, from a weak seed, there won't be any sprout but where there is a very good seed but that seed doesn't come in contact with earth, or air, or water, or light, in that case there won't be any sprout.

So the cause and effect theory remains where there is effect there must be cause but you cannot say that wherever there is cause there will be effect.

So we must say that nothing in this universe is non-causal, everything is causal but you cannot say everything produces effect.

Here we have come. Our coming is the effect of some cause because it is the effect. And what is that cause? Why we have come over here? The theory says it is not non-causal. What's the reason? Whenever there is a flow for a long time and it doesn't come in contact with the strong impact, what does happen? It loses the acceleration and finally what does happen? Retardation starts.

In our human society there was want of acceleration from the very start and now there is the retardation of society. Now the humanity bleeds. Future is dark. So we have come here to do something. I have come here to do something and you have also come here to do something. My coming is significant and your coming is also not less significant. We have come with a Mission and our life singularly and also collectively our life is a Mission. Not missions, but ours is a collective Mission. Here we all are one. We have come to do something and that is the causal factor. What's the causal factor? Humanity bleeds, we have come to do something to save the humanity. That is the causal factor and what will be the effect factor, what will be the effect? The effect is the world will realise that humanity is one and indivisible and no power in heaven and earth can destroy this glorified humanity. We have come here to ~~save~~ the humanity and we will ~~save~~ the humanity.

Another thing could have come. Our coming is not non-causal, it's



causal and you see nobody amongst us, ABC XYZ is, what I said, insignificant. Each and every entity has got many a thing to do and will do it, and you see our fates has been very closely associated to one another.

In the past there has been some unity amongst us, some closeness, some proximity amongst us, that's why we have come together. It is also not meaningless. You must always

remember this thing.

When a group of good people, the group may be one thousand, the group may be of one million, the group may be of so many millions, but that group, when it comes, it comes to do something and that group is known as Hari Pari Mandala because that group moves around the causal entity. So you have come here to form a strong, a well knit Hari Pari Mandala for the coming generation.

## Baba's World Tour

BABA visited:	Bangkok, Thailand	— Manilla Sector
	Taipei, Taiwan	— Hong Kong Sector
	Haifu, Israel	— Cairo Sector
	Istanbul, Turkey	— Cairo Sector
	Frankfurt, Germany	— Berlin Sector
	Copenhagen, Denmark	— Berlin Sector
	Oslo, Norway	— Berlin Sector
	Reykjavik, Iceland	— Berlin Sector
	Kingston, Jamaica	— New York Sector
	Caracas, Venezuela	— Georgetown Sector

## Babá's Blessing

Let everybody in the universe be happy.

Let everybody in the universe be free from all ailments.

Let everybody in the universe see the bright side of everything.

Let nobody be forced to undergo sufferings.

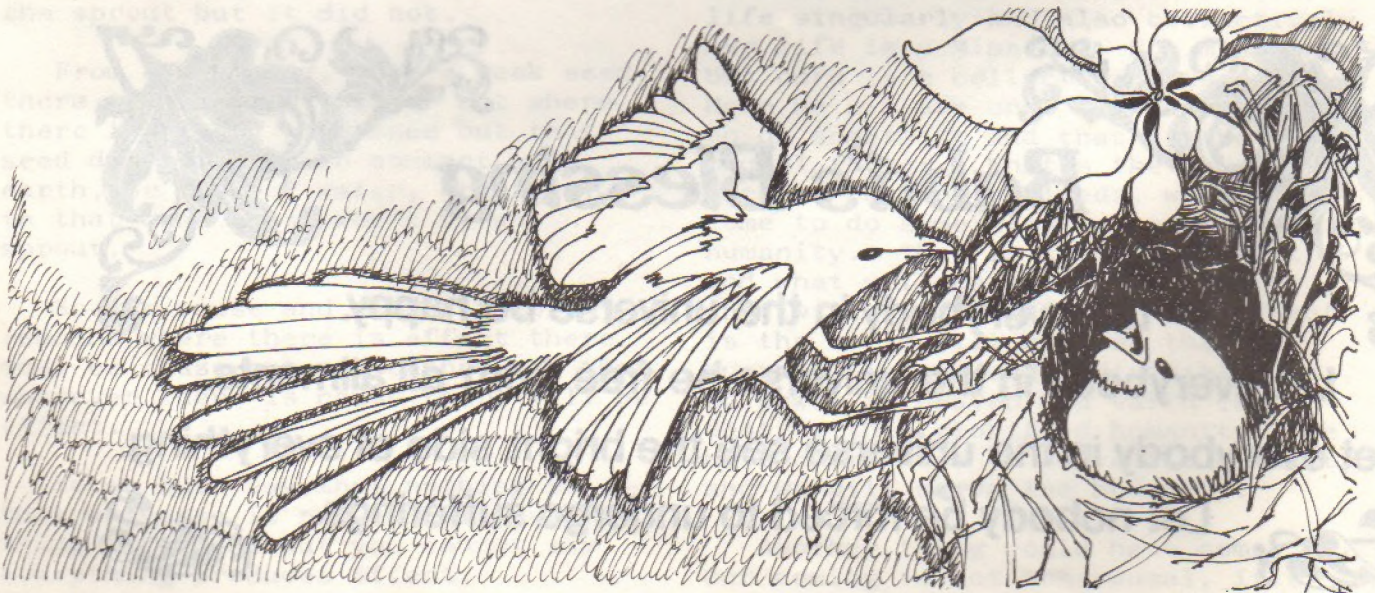


# There Is A Cause ...

BABA

Now here we are. Say, a few years ago, none of you knew that BABA is here in this earth. None of you knew that BABA loves you. But BABA was there and BABA loved you though you were not acquainted with BABA. Is it not a fact? And I think that now some of you feel that BABA loves you ... at least a little. Don't I love you ... a wee bit? And I also realise that you love me very much. But you do not know, it may or may not be a fact, rather may be a fact that I know you. Nothing is non-causal in this universe. That you came in close contact with me, that I came in close contact with you, is also not non-causal. Certainly there is some cause behind this actual happening. The cause may or may not be known to you. There are so many people in this world, but why you boys and girls came in close contact with me ... not others? Certainly there is some cause. And perhaps

this cause or seed germinated in the long past time ... say 5000 years ago, say 10,000 years ago; it may be. Ther seed was there and it germinated and finally, when its sprout is out: you came in contact with Me. You know what is a sprout? The white protion of a tree that first comes out of the seed. So, when nothing is noncausal, your coming in close contact with Me is also not non-causal. There is a cause; you do not know it. It may be in the hoary past that you were also in close contact with me. I may or may not be on this earth, on this planet, it may be on some other planet you were known to me. It may be that on that planet we sat like this and decided, "Let us go to that small planet known as earth, and there we may do some work" And just to fulfil that pledge of ours we have come here. So, nothing is non-causal.





# Full Moon Festivals

Kevala

Brisbane has now had two full moon festivals.

The first one on Saturday 3rd November, gave us a taste of the potential of joy and beauty that can be expressed through these festivals. We were a little nervous at first, but it went well.

There were various displays of paintings, particularly blissful were some done by Indian children at an ashram in India. Jiivamitra opened the evening with harmonica, guitar and singing, accompanied by Tusiia on guitar. Candrama and Ashoka performed a beautiful dance drama depicting the modern day Adam and Eve story, tasting the fruit from the tree of consciousness. A passage from BABA's Grace "The Lily and the Moon" was read out by Kevala. A brother gave a spontaneous performance on the jew's harp (sounded like a mantra) and the evening finished with various guitarists and other musicians "jamming".

Before the festival we were visited by a Russian poet named Igor who said he was unable to go to the

festival but would like us to listen to his poems, so we did. His poems are magical, colourful fantasies (or are they realities?). He wishes to start regular poetry evenings.

The next festival had paintings, a film about Shri Cinmoy and his amazing "fountain art". Vegetarian snacks were provided and somebody commented that it was worth coming just for the food. After which Candrama performed a dance called "centering", accompanied by Giridhara on guitar and a brother playing bongoes. A brother played some beautiful pieces of music on guitar and a woodwind instrument. Some of Igor's poems were recited by Kevala. Three sisters came unexpectedly and played guitar and sang devotional songs. By this time we were floating.

The second festival had a larger attendance than the first, 40 - 50 all told.

Thanks to the Lord's Grace and the devoted efforts of many, especially Candrama, we will look forward to the joyful, bright full moon.

## Sunli Shuii Baba, Jai!

All the visiting workers from India in Taiwan with BABA learned some Chinese. By the end of the stay even they were shouting the slogans as BABA came out "SUNLI SHUII BABA, JAI!", the Chinese equivalent of "Parama Pita BABA Ki Jai!" The Chinese translates to English as, "Victory belongs to BABA".

## Victory Belongs To Baba



# Third World Benefit Dinner



Jinaneshvara

Both WWD and AMURT were planning to raise funds to provide aid to projects in India, so it was decided they would combine in a joint fund raising effort of putting on a Third World Dinner. The idea of the meal was a simple dish of rice, sprouts and vegetables to be served rather than a feast as usually is the case in such things. This was to emphasise that even this was better than what most people ate in developing countries.

Held at the RAWA House, the dinner was attended by about 45 - 50 people. While everyone was eating, the RAWA Troupe began a performance. A waiter entered and set up an exquisite dining table. When this was completed a wealthy looking couple, dressed for the part, sat down and the waiter served a delectable meal with wine. The audience gave muffled laughs as the waiter occasionally and unintentionally bumbled and stumbled through the serving. The audience was placed in the position of being the poverty stricken, looking at the wealthy. After the dinner a film, provided by the Freedom from Hunger Campaign at

no cost, reversed this position and highlighted the contrasts between Australian affluence and Asian poverty.

Ashrava continued the evening's entertainment by singing a number of her revolutionary songs accompanied by another sister on violin. Then a dance/drama teacher and her pupil performed on the theme of hunger.

The evening proved beneficial on many levels. \$180 was raised with minimal expense, \$16 for food, posters and other miscellaneous items. The audience were treated to a consciousness raising evening through concepts of the meal, film and topics of performance. Half of them non-Margiis, the artists were given the opportunity to perform in the spirit of service, encouraging the theme of social benevolence. Posters were placed around in community centres, bookshops and sent to the media, providing good pracaar as they described service projects that AMURT is doing with the Indian floods and the WWD project with tribal women.



# Man and His Ideological Desideratum

Shrii Shrii Anandamurti

Taiwan DMC, August '79

The subject of today's discourse is 'Man and His Ideological Desideratum'. Human life is an ideological flow. In the past philosophers used to say that man is a rational animal. If you say that man is a rational animal, then you recognise the status of man as an animal and the only difference between an ordinary animal and a man is that man is rational. I do not accept this theory.

Fundamentally, there are many differences amongst plant life, animal life and human life. You know there are certain common factors also. Plants, animals and human beings require food, light and water. These are the common factors - common to these three species - plants, animals and humans. These three are known as Jaeva Dharma in Sanskrit, that is the Dharma, the course of living beings. But these common factors do not make the plants, animals or human into animal. There are so many special factors. There are many differences between plants and animals, but the most important difference is that plants cannot move, they are stationary and animals can move. So this mobility is a special factor, a special characteristic of animals. There are certain plants and also certain animals whose position is just between plant and animal. But we cannot say that animal is a moving plant. We cannot say, because there are certain fundamental differences and also living cells of the plant body and the animal body are not exactly the same although fundamentally they have common courses.

The main difference between an animal and a man is that an animal life is to eat, drink, sleep and die. There is no goal, no ideological destiny. But in the case of human beings, they have got the ideological desideratum, they have got the goal of life. And while moving towards the goal of life, if a man faces obstacles or hinderances, he is even ready to commit suicide rather than surrender to the altar of the obstacles or hinderances; so strong is human sentiment. So if we say that man is a rational animal, it will be just like saying that animal is a moving plant. Man is not a rational animal.



Man has his own dignified status. And in this respect all humans of this world, not only of this world, but of the entire universe - there are so many planets and stars where there is human life - and all the





humans of the universe have got same course and they display these wants according to climatic conditions, conditions of time and space. But fundamentally, humanity is a singular entity. And those who try to encourage fissiparous tendencies are not friends or well-wishers of human society. All humans are children of the same father, the Supreme Father.

So there must not be any differentiation in that respect. And we must not say that man is a rational animal. Human life, unlike animal life, is an ideological flow. It is not simply a rational life, but an ideological flow. And where there is no ideological flow, in that case, even if this physical structure is just like a man he is not an man but is an animal. So each and every human being must try his best to maintain the special status of humans. It is our first duty, it is our fundamental duty. This ideological flow must be maintained at any cost.

Now, this ideological flow, this Dharma, this special code of humanity is known as Bhagavad Dharma or Sanatana Dharma. Bhagavad Dharma means concerning the Parama Purusa, not concerning external rituals or observances but concerning the Parama Purusa. It is also known as Sanatana Dharma, that is, from the very start of human life, from the primordial phase of human civilisation, this dharma was, this dharma is, and this dharma will be with all humans until there is a single man in this universe.

Now what are the specialities of this Bhagavad Dharma, or Sanatana Dharma, or human dharma? There are four portions. They are vistara, rasa, seva, and tadstithi. Vistara, it is the characteristic of human beings to expand themselves mentally, intellectually and in all other subtler spheres of life. The inquisitiveness in the subtler spheres of life is one of the human course. It cannot be suppressed, it cannot be sealed. It must not be blocked forever. In the progress of humanity, this intellectual flow must not be suppressed; human beings cannot tolerate suppression. And the philosophy of those who try to suppress the gleamings of humanity come within the scope of dogma. Dogma is detrimental to human progress.

Second item is Rasa. You know wherever there is an existence there is movement. Mobility is life, and the main waves of this universe emanate from the Parama Purusa. Parama Purusa has so many waves and due to differences in wave-lengths, we see so many objects, so many creations. Now this flow of Parama Purusa vibrates the entire universe. This flow of Parama Purusa is known as Rasa.

But individual entities with their individual consciousness, individual subjectivity, have got their respective and individual flows also. You want to do something, you want to write a poem. It is the individual flow of your mind. If this individual flow gets the support, get the



parallelism of the cosmic flow, that is, flow of Parama Purusa, you become successful. Otherwise, you may attain some success but your desire will be unfulfilled. Where a man's endeavour is to do something great, something noble, or something bad, but it is not supported by the cosmic flow, then that man is known as a technician. And, when that flow is supported by the cosmic flow, that man is known as a genius. What is a technician? When a man's ordinary human quality is developed to an extraordinary degree of efficiency, he is known as a technical man or technical. The second point is Rasa. It is also one of the human flow.

First one was vistara, second was rasa and third, seva. Seva means service. You know, there is a fundamental difference between business and seva. Business is mutual. You are giving something and you take something - a mutual transition. But in this case, seva, you give everything but you take nothing in return. It is not mutual. It is unilateral. When a man offers this seva to Parama Purusa it is the highest form of service and while rendering any service to the world you must ascribe Parama Purusa to that man. Suppose you are serving a man whose name is Rama. While serving Rama you must not think that you are serving Rama. In that case, there will be vanity in your mind. You must think that Parama Purusa has come before you in the name and form of Rama and by serving Rama, you are actually serving the Parama Purusa; because what is Rama? He is a finite expression of that infinite Parama Purusa.

So, first vistara, second rasa, third seva, and fourth is tadstithi. Tadstithi means when one ensconces one's soul in that supreme stance. Parama Purusa is the supreme goal, is the supreme desideratum of human life. It is the terminating point of all human approaches. So this Manava Dharma, Bhagavad Dharma or

Sanatana Dharma is the speciality that differentiates a man from an animal. We must develop this human dharma and by developing this human dharma, ordinary human entity is based upon the supreme grandeur of creation.

Now, you know human existence is trifarious. Man has got his spiritual body, his psychic body and his quinqualemental body - this physical structure: hands, legs, ears, nose etc. When the flow is for the supreme desideratum there must be an adjustment. There must be a parallelism amongst these three flows of human spirit, human mind and human entity. That is, there must be parallelism between spiritual flow, the spiritual wave, and psychic wave, and there must be parallelism between psychic wave and the entitative wave. For progress in entit-







ative flow, one is to live a pure life, a moralistic life, a life based on moral principles. Do not do anything bad. What is bad? Bad means that which depraves human existence.

Follow a strict code of morality. Live a pure life, a neat and clean life. Be strict in the sixteen points and thus, what will happen? Your entitative flow will get purified and will be in a position to maintain parallelism with your psychic wave. For maintaining a parallelism between psychic waves and spiritual waves, what are you to do?

You are to follow the auto-suggestion and outer suggestions of incantations. What is outer suggestion? If you are in the company of good persons, that company, their discourses, their talks will influence your mind and your mind will be purified. The curvatures will be less and the flow will be straightened. This is the outer suggestion through incantations. And what is

the auto-suggestion through incantations? You are doing meditation and doing japa as per the instruction of the acarya. It is the auto-suggestion. These incantative auto-suggestion and incantative outer suggestion will purify your mind and the mind will be in a position to maintain proper parallelism with your spiritual flow.

And what is spiritual flow? For spiritual flow you need not go through so many books and so many scriptures. You need not do anything else, only all your propensities should be suspended and brought to a particular point, a particular gland, a particular nucleus of a gland, and goaded unto the Parama Purusa. That is, when you love the Parama Purusa with all your propensities - good and bad, then that collective flow of your mind is devotion and by dint of one's devotion one attains that supreme stance, one gets the Parama Purusa. So devotion is the only secret in spiritual movement, and the





incantative auto and outer suggestions can help you in the psychic movement. A neat and clean life based on morality can help you in your entitative flow and there must be a happy blending or parallelism amongst entitative waves, incantative waves and spiritual waves.

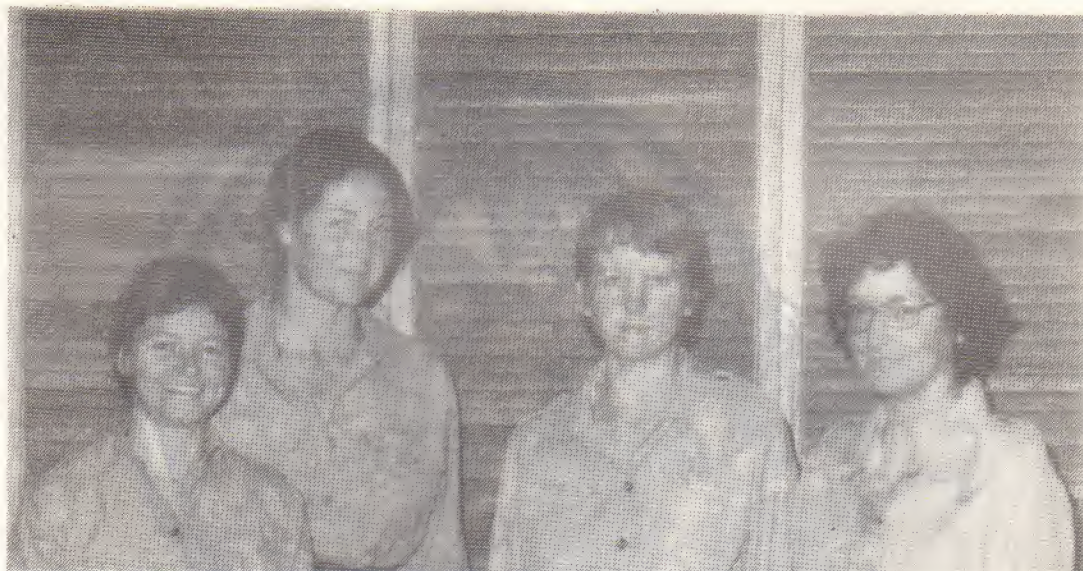
The supreme goal of spiritual movement is the desideratum of ideological flow of all human beings. We should always remember this point.

Now one may say love all human beings. How are we to maintain this parallelism, without His special grace, without special grace of Parama Purusa? The obstacles, the hinderances are known as maya. It is a very powerful force. And, it tries to deprave, it tries to degenerate the very existence of human being. How can an individual, with his poor mind, fight against such a strong force as maya? Yes, one can fight. If one gets the grace of the supreme, one can fight.

Now you can say, "That gentleman has got His grace and I do not get the grace. Then what am I to do?" No, He is omnipotent, omniscient and all loving. His grace is for all without any exception but because of your individual vanity you do not realise this. Suppose, suppose what? Suppose there is actually rains of His grace, but if you hold an umbrella of vanity upon your head, you will not be drenched with the rain. So if you remove the umbrella of vanity from your head, you will be drenched by His grace. So no man is unimportant, no man is insignificant. Everybody is a V.I.P. All of you were born of noble family - the noblest family, because Parama Purusa is your Father. You are not an insignificant person.

So no man is unimportant, no man is insignificant. Everybody is a V.I.P. All of you were born of noble family - the noblest family, because Parama Purusa is your Father. You are not an insignificant person.





TRAVELLING TO INDIA: Jaivani, Miira, Ainjali, and Arunima. Miira and Ainjali are also going to wholotimer training.

## Some Baba Quotes

"Start your RU clubs in all towns, and even in in all the villages of the world."

"For spiritual aspirants, this type of intellectual progress may be meaningless, but for the all round progress of human society, for the human society as a whole, this type of intellectual progress cannot be discouraged, must not be discouraged, rather it should be encouraged. I want that our boys and girls who are intellectually developed, or who want intellectual development, should encourage the intellectual progress of human society. Help the human society in its all types of progress. I hope you boys and you girls should feel, should realize, the utility of intellectual progress and start your RU clubs in all towns, and even in all the villages of the world."

BABA, Jamaica, 1979

"We have come here to save the humanity and we will save humanity"



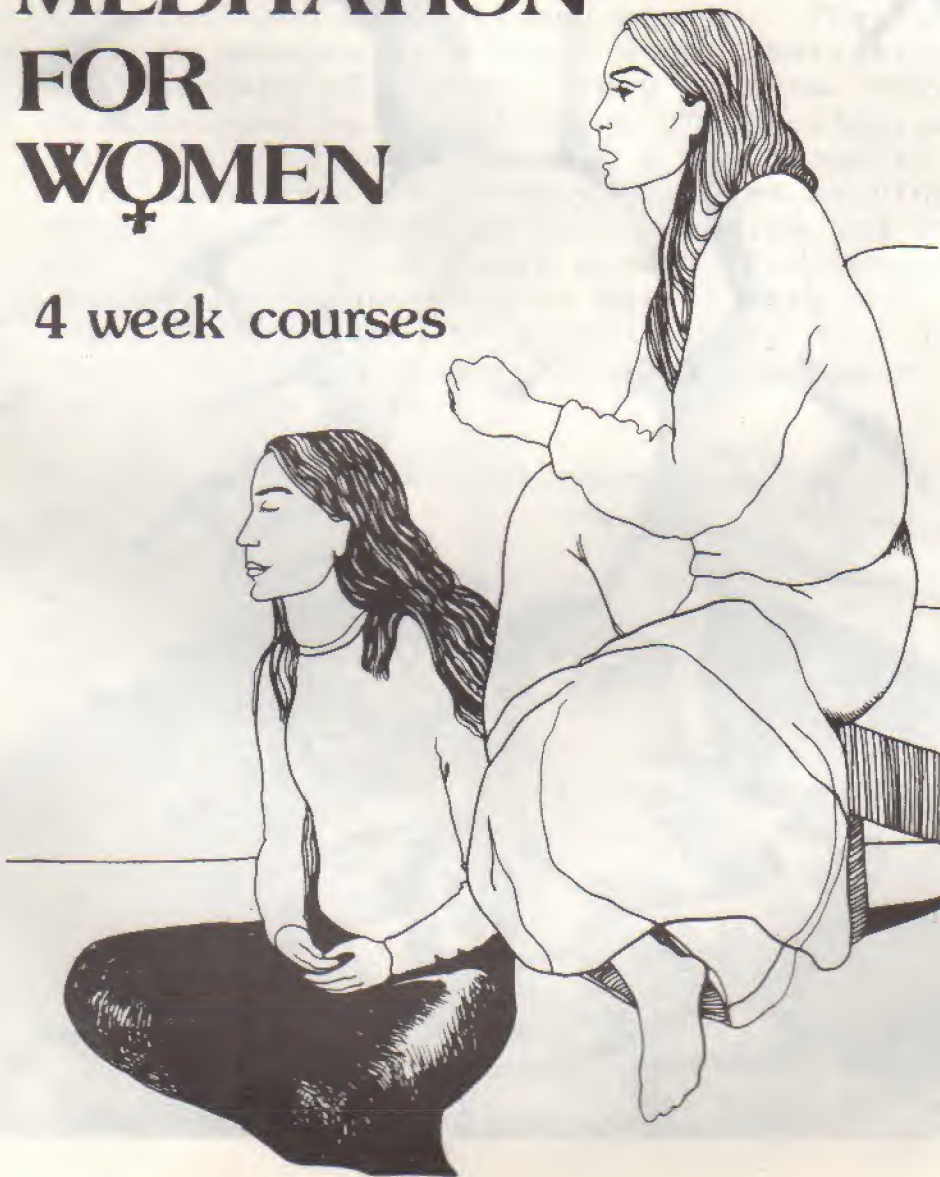
Concluding one Darshan at Calcutta Central Office, BABA said "Ladies make the best Bhaktas because they are sentimental". As BABA was leaving one Dada commented "Then we will all have to become ladies". BABA smilingly replied, "Yes, it is correct."

Regarding DMC for Suva Sector, He said, "I will come at the earliest opportune moment."

BABA, Calcutta  
October 1979

# MEDITATION FOR WOMEN

4 week courses









# Ananda Vānī

The humans of today are possessed of spirited intellect and accomplished wisdom. They are keen to advance with rapid steps shattering the shackles of dogmas. They will no longer be entrapped by any illusion of opportunism. The rays of crimson dawn of a new humanity on the eastern horizon have started weaving textures of colours on their eyelids and in the finer cores of their minds. For those who have been dreaming so far to keep the mankind imprisoned by dogmas, their days are numbered; their blissful dreams are being shattered to pieces.

I call upon all the enlightened people and say —

"Go ahead with courage. The humanity has been awaiting you. Establish it in the excellence and grandeur of glory."

A'nandamu'rti  
1-1-80



## Local Ananda Marga Replies to National Press Criticism

Sir,  
It is no secret to Queenstown and specifically Granite Belt residents that a centre of the Ananda Marga is situated in their midst thanks to the ongoing media coverage for the past several years.

We would like to take this opportunity to say very sincerely that we are sorry for any distress or embarrassment which individuals and the local community may have suffered as a result of the distasteful onslaught against us. It has been most awkward

over the whole 5 years in many many ways for our loyal friends and neighbours and we feel more than annoyed, at times discouraged, and thoroughly fed up with being both a political football and an outlet for crude media coverage trying to make a "fast buck". This has all especially built up over "Baba" Mr. Sarkar's intention to visit Australia.

In fact Mr. Sarkar himself is a brilliant philosopher, keen educator, great humanitarian and a tremendous spiritual and social inspiration to millions of followers world wide, as well as sympathizers and students of all walks of life.

Australia can only benefit from such a man coming to visit. Some countries welcomed him as a V.I.P. France, Spain, Holland, Germany and Switzerland all issued him a visa. Baba still faces charges, it is true, in India but they depend upon the testimony of the already discredited witness in the recent case of murder of which Mr. Sarkar was acquitted, and that very country issued him a passport, so it is folly to continue this "political witch-hunt" (quote International Commission of Jurists). Mr. Sarkar has publicly condemned any member or sympathizer resorting to violence to establish their opinion. There is no scope for violence in his ideology but very definitely there is scope for ongoing social change. Now if this fact is such a threat to persons in government we are surprised. Rather we feel it may be possible some persons in government and/or the Internal Security

inconvenienced or frightened by it all, the local council for the shocking image it gives to such a great community and those friends and supporters who have kindly turned a blind eye.

During our period of living here we are aware we have given a lot of good-natured mirth to you all as we were very green as orchardists and often stumbled when presenting ourselves either personally or as members of Ananda Marga. For that we're also amused. As for those media persons whom we have let into our home in hopes of setting things right, we are sorry for them and their sick approach to truth. Things we said were twisted and made sensational for the benefit of making an unscrupulous dollar.

May we also say that our understanding of Ananda Marga's great philosophy and life in general is limited as we are human and our attitudes must have the room to grow and change like everyone. So we would like to invite anyone not familiar with us or our work in Ananda Marga, Stanthorpe who may have questions to approach us at Anandapalli in Severnlea at any time. It is natural that some may feel their families threatened (especially in the light of the recent tragic murder of the late Lord Mountbatten) by our beliefs and way of life falsely represented as extremist and violent. We want whole heartedly to dispel that fear. To those of you who are not worried but simply as fed up as we are with the untruths being written, spoken and misconstrued about us

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## Pilots Of 'Emperor Ashoka' Blamed For Disaster

NEW DELHI, Oct. 2.—Pilots of "Emperor Ashoka", Air-India's Boeing 747, which crashed on January 1 last year, have been blamed for the disaster by the Chandurkar Court of Inquiry, reports UNI.

Mr Justice M. N. Chandurkar of Bombay High Court, who had probed the crash, says that although the Attitude Direction Indicator had given totally wrong indications, this malfunction "is not an emergency and by itself could not have caused the accident".

The cause of the accident was the "irrational control wheels inputs" given by Captain M. L. Kukkar "who had failed to determine the attitude of the aircraft with the help of the associated flight instruments including the standby horizon indicator. The co-pilot, Captain I. M. Virmani, had also failed to monitor the flight instruments and did not render any assistance to the captain in ascertaining the attitude of the aircraft".

The report says that Capt. Kukkar allowed his perception of attitude to be governed only by the ADI and irrationally kept on turning the wheel to the left ultimately plunging the aircraft into the sea. At the same time, the flight engineer "appeared to have rightly advised the captain to go by the standby horizon indicator" but the captain did not follow it.

The ADI indicates whether an aircraft is going up or down or banking right or left. In this case, ADI wrongly showed that the aircraft was banking to the right and relying on it, the Captain kept moving the aircraft to the left thinking he was correcting it.

The report says the Captain, who had been commanding various types of aircraft from 1956 onwards, also followed irregular departure and climb procedure which "deprived the aircraft of

additional height which he would have otherwise attained" and thus would have had more time with him to assess the attitude of the aircraft.

The court, which got examined recovered portions of the aircraft and other material by forensic and explosive experts, ruled out any sabotage. It dismissed reports appearing in a section of the Press that the Anand Margis had been responsible for the crash and also an allegation made by somebody in Saudi Arabia that an Indian exporter had planted explosives in betel leaf consignment.

The court looked into Air-India records and found that a number of times, nearly or more than 100 passengers with confirmed ticket for the flight had not turned up and such an incident happening on the day of the flight was not unusual.

The aircraft had taken off from Bombay for Dubai but crashed exactly after 101 seconds in the Arabian Sea, 8.6 km from the airport. The aircraft had been completely airworthy and the pilots medically fit to fly.

## RECENT PRESS CLIPPINGS

\*

Agencies of Australia seek to benefit their own point of view by using a false image of Ananda Marga to defend their position.

However basically this letter cannot hope to analyse the full workings of the unfortunate situation we are in but rather only to denounce the stand taken by many media people - that we are a terrorist cult - as untrue and actually doing violence itself - also again to apologise to those

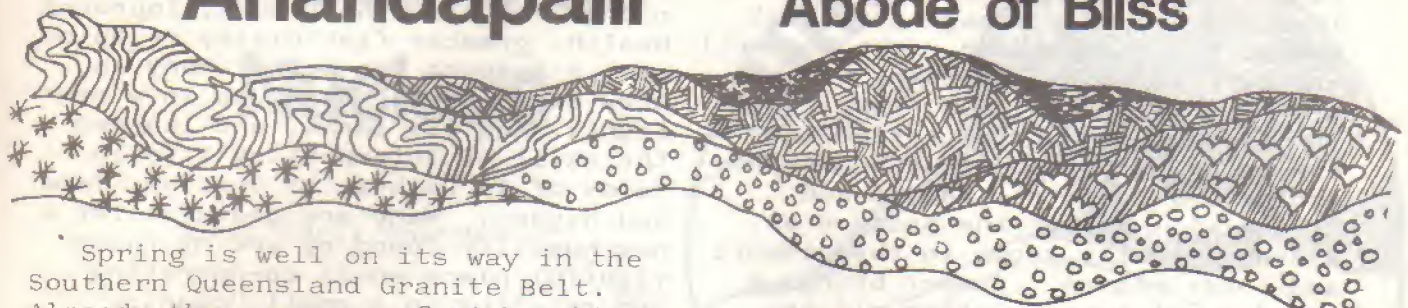
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as well as intimidation by some persons in the Internal Security Agencies please accept our thanks. We are at present investigating the possibilities of legal action against the newspaper responsible. Gaotarni and Viveka Pfeiffer.



# Anandapalli

## Abode of Bliss



Spring is well on its way in the Southern Queensland Granite Belt. Already there masses of pink, white blossoms have begun to fall and the new green growth appears. Progress is manifesting all around and for a spiritualist living and working on the land, it brings a very real rejuvenation.

It's a bit of a magical spot, His Master Unit. It has always been difficult to describe the incredible speed and faultless aim of His subtle vibration here. The Abode of Bliss is very very blissful once we get the hang of dancing His dance, once we see we have to lose everything, every pre-conceived idea before dwelling in that bliss. So essentially it is a spiritual place, a very great spiritual place. That has been its major underlying quality all along. Sounds like a perfect place for spirituality, yes?

Yes certainly. And we are all blessed by the fact that we look forward to an exquisitely devotional UKK here at New Year this summer. Lots of kiirtan, plenty of space to go off on your own, to soul search for the hidden purpose in your life. There is a large dam for swimming and water play, fresh fruit and veges to eat, many many camping spots for families to set up temporary home. It's a child's haven where they can wander and play, together of individually, in a vast wonderland, then collapse happy and exhausted at night full - so full have the daylight hours been. And here there is a sky as clear and crisp with stars and space that it literally sings with His grace.

We are putting a roof on a new D.C. hall, planning for toilets and





showers, painting the sheds and putting finishing touches on the buildings and grounds, managing to haul manure for the orchard, amke and sell crafts, finish the building of the brothers' quarters, and every now and then glance up and notice the avalanche of the fruit season approaching. Jiivamitra, Satyam and Viveka will market the produce as Bio-dynamically grown in the Lismore and coast region. Summer brings a speed-up of tempo uniting all the distinction in a strong feeling of common purpose.

Really though, it's so hard to describe Anandapalli. It's not just a farm, an orchard, a service project a business. It's hard to describe that totally divine purity of living a plain but hard life. Things gradually become simple and clear in the perfect rythm of seasons and work. Many who have worked here have felt their sadhana has become deeper, many felt a new parallel in themselves, a more solid approach, a clearer direc-

tion. Many acquire increased skill fuller confidence in themselves, a richer faith in their Guru, improved health, greater flexibility of opinion, a respect for work. Many say they have faced themselves in a new light, shed old ideas, and learned the skill of interpreting life in terms of 16 Points, 15 Shiilas, Yan and Niyama. Many are grateful for new humility found by seeing their rightful place while co-operating and relating in a small "country town" framework of relationships. And generally all enjoy the release from the stimulation and often seemingly impersonal environment of the city. The adjustment to country work is notorious for it's effect on the mind. There's not much distraction around and it's very cleansing.

UKK will be very special this year and certainly we are all going to come much much closer to Him at His Abode of Bliss.

Signed  
Anandapalli Marg

"The first time ever I called your name  
I knew inside all was fine.  
And that soon a joy would fill the earth.  
And would last till the end of time my Lord,  
And would last till the end of time."

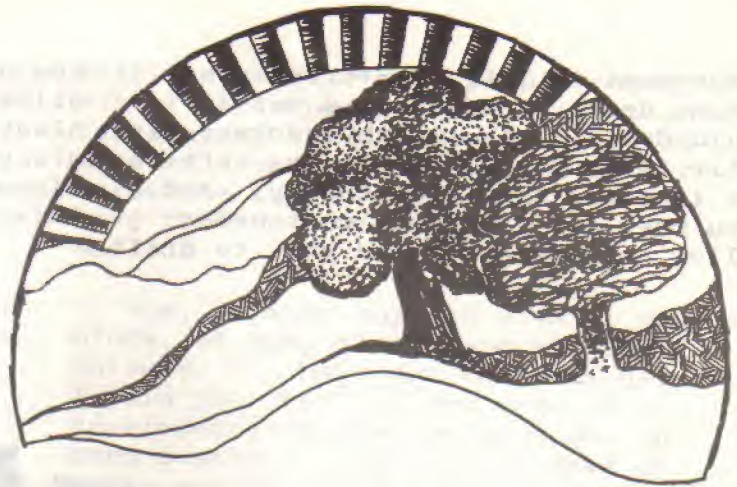
## Fast Days for January & February 1980

Eka'dashi	Full Moon	New Moon
-	3rd Jan.	-
14th	-	18th
29th	2nd Feb	-
13th	-	16th
27th	-	-



# The Supreme Nucleus

Shrii Shrii Anandamurti



The universe is like an egg, not exactly like an egg, but to some extent like an egg; not exactly elliptical, but to some extent like an ellipse. All celestial bodies are of that shape. In Sam'skrta that's why this universe is called "Brahma'nda". "Anda" means "egg". From Sam'skrta the word "anda" became "Anda'" in Urdu language.

Now, this universe of ours is very big, but it is not infinite. An elliptical figure, oval figure, means it has got a boundary line. Yes it is very big, and actually so big that we cannot measure it. But, in theory it can be measured. Just now I said the most convenient figure is that so-called oval or elliptical figure. Take the case of a small atom. Here what does happen? In that structure there is the nucleus, the heaviest matter of that structure, and the electrons are moving around that nucleus. A similar structure is our etherial structure. The earth is the nucleus and the moon is moving round that nucleus. The next bigger one is our solar system. The sun is the nucleus and so many planets are moving round. And the biggest structure in the Cosmological Structure. The Parama Purusa, the Purus'-ottama, the Supreme Nucleus, the Supreme Hub, is in the middle and so many animated and non-animated objects are moving around.

Now, this movement is effected by two forces. All the students of science know they are the centrifugal force and the centripetal force. The the centripetal force tries to decrease the radius and the centrifugal force tries to drift the object away from the nucleus. In Sam'skrta this centripetal force is called "Vidya", and the centrifugal force is called "A'vidya". In common parlance for A'vidya" we use the word "Saitan", "Satan" in English.

Now knowingly or unknowingly, consciously or unconsciously, each and every entity, either physical or psychic, is moving around that Parama Purusa. In case of finite objects, or finite structures or systems, when one moving entity goes far away from its nucleus, it is attracted by another nucleus. And because of this attraction, there takes place so many clashes amongst so many nuclei. But, in case of the Cosmological Order, there is a single nucleus for the entire expressed and unexpressed Universe. The question of going beyond the jurisdiction of that nucleus doesn't arise. That is, when a man is highly influenced by A'vidya' his radius from the nucleus increases, but the radius is always there.

A man, an animal, a plant, an inanimate object - everybody will have to move. And that is why I said,



"movement is life". Stirlessness means death. And where a man is guided by, controlled by, dogma, his stir is lost. So he becomes lifeless he is worse than a dead body. And you boys and you girls must never allow any dogma to goad you, to drift

you away from your nucleus. Never allow your radius to be increased. Always try to decrease the radius, always try to come in closer and closer proximity to the nucleus of this Universe.



You may ask, "BABA, what is dogma?" You should remember - you are all educated boys and educated girls - dogma is a psychic structure. All ideas are psychic structures, but regarding their boundary lines, there must be flexibility. I think some of you came into contact with our Prout theory? I think you went

through it? There is the fifth item, the fifth fundamental factor, where it is said that the style of utilization should vary in accordance with time, space and person. Didn't I say like this? That is, there is the scope of flexibility - no rigidity, flexibility. Because the human mind won't tolerate anything rigid. It



wants movement. Not only movement, it wants accelerated movement.

But what is dogma? Dogma is also an idea but there is rigidity of the boundary line. Dogma won't allow you to go beyond the periphery of the boundary line. That is, dogma goes against the fundamental spirit of the human mind. Knowingly or unknowingly each and every object will have to move around the Supreme Nucleus. There is no other alternative. But, in the case of dogma, what does happen? While moving near the nucleus, unit mind is highly influenced by the Cosmic Mind, and Cosmic Mind knows no dogma. So from the very starting point you should be active, you should be active in fighting out the influence of dogma. It is due to these dogmas that human society could not progress properly. Otherwise human intellect has developed much during the last five thousand years. It has developed still more during the last two hundred years. And, after the Second World War, during the last few decades, it has developed still more.

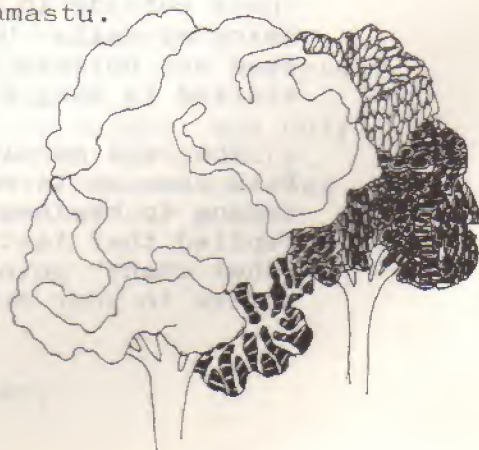
Now, although there has been intellectual progress, there is a crisis of civilisation. What is the breeding ground of this crisis? Why is the crisis there? The crisis is that human existence in the psychic level has been endangered by dogma. The very existence in the psychic level has been endangered by dogma. In the physical level if you get guarantees in eating or drinking, and sleeping, or in getting shelter, that won't suffice. You want to be danger-free in the realm of your mind in the realm of your intellect. You want unbarred, unobstacled, psychic progress, intellectual progress. But certain dogmas with devouring mouths are trying to (portion missing)...

Take for example Communism, Marxism. It is such a dogma. It won't allow you to think beyond its periphery. So, it is the duty of all

intellectuals to make people conscious of their present and future, and cautious of the all-devouring influence of dogma. Yours in the path towards the Supreme Bliss and you will have to move towards the Universal Nucleus.

Now, so many objects with so many minds, so many plants and so many animals, all have got their minds. I told you that, in the case of undeveloped creatures, mind means in-born instincts, but in the case of human beings, mind means an ever-expanding force. Everybody is moving, knowingly or unknowingly, with so many propensities, and with so many desires, but each and every aspirant, each and every artist, each and every scientist, and each and every philosopher, will have to be ensconced in that Supreme Veracity he will have to be one with the Supreme, he will have to coincide his microcosmic nucleus with the macrocosmic one. And while moving toward this Macrocosmic Nucleus should be tolerated, no obstacle should be encouraged. Let there be unbarred movement of humanity. Let there be an unbarred progress of humanity that knows no colour, no racial or blood barrier, no historical or traditional barrier. Human beings have got the same human legacy and we must boldly stand upon that legacy and move forwards with the banner of Universal Humanity.

Kalya'namastu.





## Actual Knowledge

So Shiva says the actual knowledge; what is the actual knowledge? Actual knowledge is knowing one's self, that is, knowing the subjective portion. You know there are certain defective philosophies in the world where the material world is everything, then matter becomes the goal of life. And the human existence, human consciousness, the subjective portion of the human mind - every thing becomes like earth and stone. That is why that philosophy is detrimental to human development.

Reverend Karl Marx preached that defective philosophy. You should keep your mind free from the bindings and fetters of such defective philosophy because it is anti-human, morally anti-human. It is most detrimental to the human existence and human development. You should never forget.

BABA

## Baba Nam Kevalam



### The Lord's Omnipotent Name

Every Sunday Morning we have Dharmacakra in my cell. One afternoon after Dharmacakra a prisoner, Bill, told me that while we were chanting (doing kiirtan) in the morning, he was playing chess outside in the yard, which is opposite and below my cell. He said the chanting sounded quite loud and noticed after a while, his chess mate started to sing Baba Nam Kevalam to himself!

The next morning as I was going out for muster, Bill came up to me and jokingly asked me if we were trying to brainwash him. I said now, why? He replied that last night he had a dream and it had "that chant" going through it! He said it "really sticks in your mind, doesn't it?"

Narada Muni



14th November, 1979

An Open Letter to the Prime Minister, Mr. M.J.Fraser and to the  
Minister of Immigration and Ethnic Affairs Mr. M. MacKellar.

Parliament House  
Canberra A.C.T. 2600

Dear sir(s),

I wish to bring to your attention some facts regarding the continued persecution of Ananda Marga in Australia.

(i) As a human being and a free citizen of this country, I strongly protest against actions taken by your government to obstruct my religious freedom and prevent my free travel overseas.

On 27th September, 1979, I embarked on a trip to India which was to be primarily a religious pilgrimage - to have the audience of my spiritual preceptor Shrii Shrii Anandamurti (P.R. Sarkar).

However, upon my arrival at Kuala Lumpur, where I had an onward flight the next day, I was detained by Immigration officials who had received a telegram from Australian authorities containing details about me with instructions not to allow me into the country. As a result, I was kept prisoner under lock and key until my flight the next day.

Further after my arrival in India, I discovered that Indian police also received a telegram from the Australian authorities that I should not be permitted into the country. Fortunately, the local Indian authorities concerned demonstrated a sense of justice, so I was not deported as per the wish of the Australian authorities.

When these facts are brought into context by remembering the recent refusal of entry of Anandamurti in Australia, it amounts to an open, blatant case of religious persecution by the Australian government against member of Ananda Marga. Not only are we denied the visit of our religious head in our country, but you even try to keep us from seeing him in other countries as well. This a totally intolerable violation of our human rights and religious freedom.

SELF REALIZATION AND SERVICE TO HUMANITY





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MANILA SECTOR HEADQUARTERS : 2583-D A. Bonifacio St. Bangkal, Makati, Rizal, Philippines Tel. 85-71-58

---

AN URGENT APPEAL

The world has given much attention to the grave situation facing hundreds of thousands of Refugees fleeing into Thailand from Cambodia. These people are severely suffering from lack of clothing, food, sanitation and proper medical attention.

The Ananda Marga Universal Relief Team (AMURT) has undertaken the project to send 25 tons of used clothing to help alleviate the plight of these helpless people. AMURT members have collected the needed clothing in Japan and will send it to Thailand. Members in Europe, America, Australia and other parts of Asia will fund the program. Eight team members including AMURT director, doctor, Thai speaking members and volunteers will be sent from Manila to join with five AMURT members presently in Thailand. The 13 member team will organize with official relief agencies in Thailand for the distribution of clothing, the establishment of a medical mission and hot food kitchens.

Our dedicated volunteers have the practical experience to organize and work under difficult conditions with minimal expenses.

We cordially invite all kind-hearted and philanthropic organizations of the world to contribute their sincere cooperation in this urgent humanitarian cause.

Thank You,

*Acarya Samsleshananda Avt.*

Assistant Global Secretary

Ananda Marga Universal Relief Team

Service to Humanity is Service to God



# AMURT Letters



MANILA SECTOR HEADQUARTERS : 2583-D A. Bonifacio St. Bangkal, Makati, Rizal, Philippines Tel. 85-71-58

## Emergency Relief for Refugees in Thailand

### Project Proposal

- 1) to distribute 25 tons of used clothing to 25,000 refugees in Thailand
- 2) to organize medical missions serving 1,000 persons daily.
- 3) to organize free food distribution centers serving 2,000 persons 2 meals per day.

### Personnel needed

- 1) Qualified Doctor - Bert Roberts- practicing physician USA (Thai speaking)
- 2) Thai speaking Volunteers- two thai AMURT members  
- Ac. Pinak Pani Brc.
- 3) Project organizers  
- Director- Ac. Shubhatmananda Avt.  
- Organizers- Brcii Madhuri Ac.  
- Ac. Arisudan Brc.  
- Brcii Niruttara Ac.  
- Ac. Prasanyananda Avt.  
- volunteers- ada Ajit-- philippines  
- Madi Arcana-philippines  
- Brc. Sphuliunga- philippines  
- Two LFT - philippines

### Budget

- 1) travel fare from Manila Bangkok Manila for 8 persons..... \$3,000.00
  - 2) shipping expense of clothing Tokyo to Bangkok..... \$1,500.00
  - 3) maintenance of Team in Thailand for 2 months..... \$2,500.00 \*
- total \$7,000.00

\* Funds will be collected from AMURT of America, Europe, Australia and Asia.

Respectfully submitted,

*A. S. A. 79-12-4*  
Ac. Samsuleshananda Avt.  
Global AMURT Secretary

Service to Humanity is Service to God



Sectorial Office has MOVED. Please  
note the new address:-  
279 Chalmers St  
Redfern NSW 2016 Australia  
Ph (02) 698 7627

## Addresses

### SUVA SECTORIAL OFFICE

279 Chalmers St  
Redfern NSW 2016  
Phone: (02) 698 7627

### SECTORIAL WWD HQ

### GLOBAL GV TRAINING CENTRE

11 Main St.,  
Coburg Vic. 3058

### ACARYAS

Sectorial Secretary  
Ac. Japasiddhananda Avt.  
c/o Sectorial Office.

Ac. Vacaspati Brc.  
c/o Sectorial Office

Ac. Mayatiita Brc.  
c/o Guam Region.

Brci Cinmayii Ac'.  
c/o Sectorial WWD Office

Avta Ananda Sampurna Ac'.  
c/o Global GVTC

Brci Brtadaya Ac'.  
c/o Sectorial WWD Office

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63 Union St.  
Spring Hill QLD 4000

### SYDNEY REGION

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266 Chalmers St.,  
Redfern NSW 2016  
(02) 699 6244

A.M. (West Sydney)  
8 Brooklyn St.,  
Burwood NSW 2134  
(02) 745 1282

A.M. (Nth Sydney)  
c/o Sunrise School  
1 Perentie Rd.,  
Belrose NSW 2085  
(02) 452 2643

### MELBOURNE REGION

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Fitzroy Vic. 3065  
(03) 41 4767

A.M. (Hobart)  
c/o 166 Warwick St.,  
West Hobart, TAS 7000

A.M. (Adelaide)  
12 Torrens St.,  
College Park SA 5069

### PERTH REGION

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West Perth WA 6005  
(09) 322 5108

### WELLINGTON REGION

A.M. (Auckland)  
c/o Kapil & Guruvati  
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Royal Oak, Auckland  
Ph: 65 4872

A.M. (Wellington)  
96 Austin St.,  
Mt Victoria  
Wellington N.Z.  
(P.O. Box 6096)  
Ph: 84 3033

A.M. (Dunedin)  
15 Gamma St.,  
Roslyn,  
Dunedin N.Z.

### GUAM REGION

A.M. (Guam)  
P.O. Box 23211 GMF  
Guam M.I. 96921  
USA

### SUVA REGION

A.M. (Noumea)  
c/o 13 Rue de Velodrome  
Noumea  
New caledonia  
Ph: 26 1516



### SPECIAL PROJECTS

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Severnlea  
QLD 4351  
(076) 83 5207

SUNRISE COMMUNITY SCHOOL  
1 Perentie Rd.,  
Belrose, NSW 2085  
(02) 452 2643

SYDNEY RAWA HOUSE  
266 Chalmers St,  
Redfern NSW 2016

WELLINGTON RAWA HOUSE  
301 Cuba St.,  
Wellington NZ  
Ph: 84 3033

ANANDA MARGA SCHOOL  
48 Palmerston St.,  
North Perth WA 6006

ANANDA MARGA SCHOOL  
166 Warwick St.,  
Hobart Tas. 7000

CLEARLIGHT WHOLEFOODS  
201A Rundle St.,  
Adelaide SA 5001

KING ST PRINTERS  
30 King St.,  
Sydney 2000  
(02) 290 1675

BLISS BAKEHOUSE  
12 Cooper St.,  
Surry Hills NSW 2000  
(02) 211 5819

### Brothers in Long Bay Jail

P.O. Box 13  
Matraville NSW 2036

### BABA

Shrii Shrii Anandamurti  
162/118 Lake Gardens  
Calcutta 35  
INDIA

### GLOBAL WWD HQ

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Calcutta 29  
INDIA

### GLOBAL HEADQUARTERS

Central Office  
511 Jodhpur Park  
Calcutta 68  
INDIA

### BERLIN SECTOR

Sectorial Secretary  
Ac. Karunananda Avt.,  
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1 Berlin 62  
West Germany  
Ph: (030) 782 6013

### CAIRO SECTOR

P.K.38  
Findikli, Istanbul  
TURKEY

### MANILA SECTOR

P.O. Box EA129  
Ermita, Manila  
PHILIPINES

### HONG KONG SECTOR

P.O. Box 4378  
HONG KONG

### NAIROBI SECTOR

P.O. Box 328  
Mamprobi, Accra  
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### NEW YORK SECTOR

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# Bábá Nám Kevalam





### CORRECTION

The letter printed in Pranam has the incorrect ending which comes from another addressed to the Federal Ombudsman. Here is the correct page.

---

It may be that such actions of oppression have been taken without your knowledge by lower level officials, but certainly the responsibility lies with you. Details of my complaint have been registered with the Federal Ombudsman, as have other similar complaints by other persons, so I hereby request your thorough investigation into the matter and your written assurance that such actions of oppression against me and members of Ananda Marga will cease.

(ii) During my personal meeting with Mr. MacKellar on 14th August 1979, one of the main reasons he gave for refusing Mr. Sarkar a visa was that Mr. Sarkar supposedly still had a long list of serious charges (at least 10) still pending. He even read out these supposed charges to me.

However, during my recent visit to India, I enquired about the charges pending against Mr. Sarkar, and found that Mr. MacKellar's information is extremely inaccurate. Mr. Sarkar now has only 5 charges against him. Three of these are the remains of the same group of charges which Mr Sarkar has already been acquitted. These charges depend solely on the evidence of Madhavananda, the same witness who was proven untrustworthy by the court which acquitted Mr Sarkar. The remaining two charges are in connection with a supposed kidnapping which never even occurred. There are no other charges against Mr. Sarkar. I do sincerely request the Minister to check this properly and to correct his mistaken information

May I also take this opportunity to remind the Minister of his promise that he would "reconsider the matter (the visa application) with an open mind" when and if Mr Sarkar is cleared of all charges against him.



We do expect this situation to arise very soon, as the petition to quash the charges in India is to be heard very shortly.

(iii) Lastly, I would like to bring your attention to the enclosed photocopy of an article in the Indian newspaper, "The Statesman" dated 4th October 1979.\* It is yet another example of how Ananda Marga had been unjustly blamed for an incident with which it was in no way connected. I trust that this article will help your officials update their files on us and further substantiate our claim of being a spiritual movement dedicated to the all-round elevation of humanity through constructive, not destructive, means.

I await your reply

Yours sincerely,

*Ac. Japasiddhananda Avt.*

Ac. Japasiddhananda Avt.,  
(John Peterson)  
Spiritual Director for  
Ananda Marga in  
Australia.

\*See Press Clippings in Pranam this issue for the copy of this newspaper article.

COLLECTION